

Results you can expect:

- ⇒ Opportunity to explore work and volunteer experiences
- ⇒ An environment that nurtures self awareness
- ⇒ Identify interests, strengths and attitudes towards work through a personal employment plan
- ⇒ Develop a positive spirit and zest for life
- ⇒ Opportunity to work with professional job coaches
- ⇒ Learn strategies to successfully interact in a work or volunteer environment
- ⇒ Develop solid work habits and skills
- ⇒ Increase your financial independence and confidence

For more information and start dates, please contact:

Affirmative Industries
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Who We Are

Affirmative Industries is a non-profit organization supported by Capital Health. We assist mental health consumers and other people with disabilities discover their work potential.

This program is sponsored by Human Resources and Skills Development Canada.

Living.
Working.
Investing.

Affirmative INDUSTRIES

For people with disabilities.

Personal Development Program for Canada Pension Plan Disability Recipients



Discover the possibilities!

- ◆ **Do you have an interest and desire for personal growth?**
- ◆ **Are you looking for more meaning in your life?**
- ◆ **Are you interested in exploring work and volunteer opportunities?**
- ◆ **Do you want to increase your financial independence?**
- ◆ **Not sure whether you are living in a safe and affordable home?**

If you answered yes to any of these questions, than Affirmative Industries may be your answer!

Affirmative Industries is pleased to offer a *free* 12 week program to people on Canada Pension Plan Disability that consists of personal development workshops and the chance to explore work experience.

Personal Development Workshops

The program consists of 1-2 workshops a week for 2 hours each. They include a variety of topics related to employment, life skills, and personal skills. We often tailor the topics to meet the needs of our clients.



Stop wondering about a better quality of life, let Affirmative Industries help you get on the path to finding it!

Work Experience

This program also offers you the chance to rediscover the world of work. Affirmative Industries owns and operates three local businesses—*Petstuff on the Go, The Neighbourhood Dollar Plus Store and Mort's Convenience*. These businesses are used as a tool to identify your interests and abilities, to create employment plans, and provide you with a chance to develop a comprehensive range of skills.

Training Wage: **\$150 a month**

Discover

Learn

Grow

Develop

Self-Awareness

Explore